



elder  
care  
always there

# Safety Confirmation

In addition to emergency monitoring we also offer 'light touch' services that enable you to confirm that you are okay each day and simply going about your daily living. We liken it to the way that we used to signal to our neighbours that we were up and about by taking our milk bottles off the step each morning.

These services are discreet ways of providing reassurance and peace of mind to family and friends that all is safe and well. Importantly, you do not need to wear an alarm or change your daily routine. There are a variety of different services for you to choose from and all complement our emergency monitoring services.

"No need to worry – I'm okay"

## Check and Go

With this service, you simply press a button to confirm that you are okay. You control how often you want to confirm your safety by 'checking in'. Most people prefer to do this each morning and evening. There is no need to even speak to anybody as the 'check-in' is automatic and takes seconds.

Once you have pressed the button to tell us that you are safe, you have the freedom to get on with your day without having to wait around for someone to call you.

It is only in the event that we do not hear from you by the time that you have agreed, that we will contact you to make sure that everything is all right. If we cannot confirm your well-being then we will inform your chosen contacts - neighbours, family or friends - in case you are in need of assistance.

## Courtesy Call

We can call you each day between the hours of your choosing to check that everything is OK. Again, it is only in the event that we cannot reach you that we would inform your chosen contacts, in case you are in need of assistance. All you need is a telephone – either landline or mobile.

*"I press my button every day. I feel safe knowing that if I can't get out of bed any morning because of my arthritis, help will come".*

**Joyce, 68, Hull – 'Check and Go' service user**



# Lifestyle Monitoring

Discreet sensors – NOT cameras – can be fitted around your home that automatically signal to us that you are safely up and about. No-one is seen or heard, but we are able to tell that normal routines are happening – for example, the fridge door has been opened, the kettle has been switched on, the bathroom door has been opened etc. Information from the sensors can be accessed by family members on their laptops, computers or mobile devices. However, this unobtrusive background monitoring also allows us to spot when normal routines are not being followed and we can alert family or friends that something out of the ordinary has occurred.

The equipment is easy to install, system set-up is straight-forward and manufacturers offer 30 day money back guarantees.



## How much does it cost?

EQUIPMENT  
£39.99\*  
+  
MONTHLY FEE  
£11.66\*  
\*exc. VAT

£1  
PER DAY  
\*exc. VAT

EQUIPMENT  
from £225.00\*  
+  
MONTHLY FEE  
£12.50\*  
\*exc. VAT

### Check and Go:

You can hire the equipment that you need at home to check-in for £39.99 exc. VAT. (This is a 'one-off' charge).

You then pay a monthly fee of £11.66 (exc. VAT) for the monitoring service.

### Courtesy Call:

We will call you on your landline or mobile phone for £1.00 per day (exc. VAT).

### Lifestyle Monitoring:

Prices vary depending upon the number of sensors in a package and the selected system. Call us for a no obligation quote.

# Safety Confirmation

## What do we need from you?

We will need you to supply details of at least two people that we can contact if you need assistance, who live near to you. They can be friends, family or neighbours and chosen at your discretion.

We recommend that you have a key-safe to ensure that emergency services can get into your home if necessary. A key-safe is a simple, secure device that can be fitted on the outside of your home and can only be opened by entering a unique code on the key pad to access key(s) inside. Key safes can be supplied and fitted by us. Please ask an advisor for details.

*"It is such a helpful system for all the family and helps reassure us on a daily basis. Phone calls are now more about a nice conversation and catch up rather than checking in to see if he is ok and worry if he doesn't answer the phone".*

**KH, East Lothian – 'Canary Care' lifestyle monitoring system user**



## Getting started

If you are interested in finding out more about our safety confirmation services and how they may be able to help you, then call a member of our customer service team on 0345 603 4576 for an informal and confidential chat about your personal circumstances.

**Call** 0345 603 4576  
**Visit** [www.eldercare.co.uk](http://www.eldercare.co.uk)  
**email** [info@eldercare.co.uk](mailto:info@eldercare.co.uk)

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